

BECOME A CERTIFIED PILATES TEACHER

PILATES LEVEL 1: MAT

Delivery platform: In-Person at [Movement Matters Studio](#)

Part 1: Apr 1–6, 1:30–7:30pm (local time)

Part 2: Apr 8–13, 1:30–7:30pm (local time)

Virtual exam preparation labs: Jun 15 and Jul 20, Sat, 1–2pm (local time)

Online written exam: Aug 17–18 (all day access)

Practical exam: Aug 24, times TBA (Virtual and in-person options available)

PILATES LEVEL 2: REFORMER

Delivery platform: In-Person at [Movement Matters Studio](#)

Part 1: Apr 15–20, 1:30–7:30pm (local time)

Part 2: Apr 22–27, 1:30–7:30pm (local time)

Virtual exam preparation labs: Nov 2 and 30, Sat, 1–2:30pm (local time)

Online written exam: Dec 7–8 (all day access)

Practical exam: Dec 14, times TBA (Virtual and in-person options available)

PILATES LEVEL 3: CADILLAC CHAIR SPRINGBOARD BARRELS

Delivery platform: In-Person at [Movement Matters Studio](#)

Part 1: Sep 2–7, 1:30–7:30pm (local time)

Part 2: Sep 9–14, 1:30–7:30pm (local time)

Online written exam: TBA

Practical exam: TBA

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