

EDUCATION CALENDAR

Collingwood 2021–2022



Get certified as a Body Harmonics Pilates teacher and become a sought-after Pilates & Movement professional.

Dip your foot into a new subject area or fine-tune your teaching skills with our Pilates & Movement Continuing Education courses that will inspire you to be the best teacher and mover you can be.

- Train comprehensively
- Specialize so you can offer concrete expertise solutions to clients and employers
- Build your practice systematically

PILATES CERTIFICATION

Pilates Level 3: Cadillac Chair Springboard Barrels

Module 1: Oct 1–3, 2021, 10am–4pm

Module 2: Oct 15–17, 2021, 10am–4pm

Module 3: Oct 29–31, 2021, 10am–4pm

Module 4: Nov 19–21, 2021, 10am–4pm

Follow up sessions: Jan 9, 31 and Feb 13, 2022, 9:30am–12:30pm

Online written exam: Jan 22–23, 2022

Practical exam: Feb 26, 2022 (times TBD)

Pilates Level 1: Mat

Pre-requisite: Anatomy for Motion

Fri, Feb 25, 2022, 10am–4pm

Module 1: Mar 4–6, 2022, 10am–4pm

Module 2: Mar 11–13, 2022, 10am–4pm

Module 3: Mar 25–27, 2022, 10am–4pm

Module 4: Apr 23–24, 2022, 10am–4pm

Online exam: Apr 30–May 1, 2022

Practical exam: May 7, 2022 (times TBD)

Pilates Level 2: Reformer

Module 1: May 13–15, 2022, 10am–4pm

Module 2: May 27–29, 2022, 10am–4pm

Module 3: Jun 3–5, 2022, 10am–4pm

Module 4: Jun 17–19, 2022, 10am–4pm

Online written exam: Jul 23–24, 2022

Practical exam: Sep 17, 2022 (times TBD)

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